



ALPINE

counseling services, llc

Insurance Policy

You are responsible for knowing what your insurance will pay towards your mental health services. Please call the customer service number on the back of your card to confirm your in-network status with us, regardless of your insurance company name and/or type. Some insurance companies use third party companies to process claims and we are not always aware of who your company is aliased with regardless of what is listed on your insurance card.

Alpine Counseling Services, LLC is currently in-network with the following health insurance companies:

- Wellmark Blue Cross Blue Shield
- Sanford Health Plans
- Avera Health Plans

For all other health insurance companies, we are considered out-of-network. We can provide you with a paid receipt and you can submit claims on your own if you choose to (and are able to) use your health insurance. This does not guarantee that your insurance company will reimburse you, however. You are responsible for speaking with them about what services they will cover for out-of-network providers. Due to HIPAA, please note that if you are currently under your parent's health insurance policy, but are over the age of 18, we will not engage in contact with your parents at any time. If your parents contact our office regarding your insurance coverage or balance, we will contact you to let you know. Please note that we do not accept your parent's credit, debit or health savings account card on file and that you are required to use your own card on our forms.

Please note that session fees applied to your deductible will be charged to your card on file on the date that the Explanation of Benefits (EOB) is received at our office.

Your signature on this form indicates that you have read and agree to these terms.

CLIENT SIGNATURE

DATE